

Parent & Child Activity Calendar

Elementary School

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THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2015				1 With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.	2 When your child is unsuccessful, try asking, "How would you do it differently next time?"	3 Set aside some time to spend one-on-one with your child today.
4 Turn chores into a game. Assign each chore a number and have your child roll a die to see which one she gets.	5 Read a textbook assignment with your child. Then ask your child to tell you about it in his own words.	6 Write a note of encouragement and tuck it in your child's lunch box or in a school book.	7 Think about the rules you have for your child. Are they appropriate for her age?	8 Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	9 Make up trivia questions about your family. Quiz one another at the dinner table.	10 Challenge family members to write, eat or do other activities with the hand they don't favor.
11 Set aside time every day for reading aloud. Sometimes, let your child read to you.	12 Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?	13 If you haven't met your child's teacher yet, plan to do so. Talk about your visit with your child.	14 Have a family geography quiz. Someone names a city, state or river. The next person has to locate it on a map or globe.	15 How many words can you and your child make from the letters in the word OCTOBER?	16 Watch the news on TV with your child. Find a newspaper article on one of the stories and compare the two.	17 Today, have your child keep track of everything he eats. What one change would make his diet more nutritious?
18 Let your child plan dinner tonight. How many food groups can she include?	19 Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	20 Ask your child to calculate the average age of your family members. Add up ages and then divide by number of people.	21 If your child could be a famous person in history, who would he want to be? Why?	22 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	23 Tonight at dinner, put a price on each item you serve. Have your child figure out the total cost of the meal.	24 Have your child use the Internet to research events that occurred on the day she was born.
25 Make a leaf rubbing. Place a leaf on newspaper. Cover with thin paper and have your child rub with a crayon.	26 Talk with your child about a choice you've made and about the consequences of that choice.	27 It's Theodore Roosevelt's birthday. Look up facts about this president and protector of the environment.	28 Have your child read to you as you're cleaning up after supper. Or read to your child as he cleans up!	29 Find pictures of people. Ask your child to write funny captions about what they are thinking or doing.	30 Let your child invite a friend over. Pop some popcorn or make ice cream sundaes.	31 Play a game of charades with your child. Use hand gestures and motions to act out your word.