

Activity Calendar

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Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2015				1 Discuss a few weather changes that take place in the fall. (Days are colder and shorter.)	2 Have a movie night with popcorn or another snack. Talk about what was <i>real</i> and what was <i>pretend</i> in the movie.	3 Make a time line of your day. Let your child illustrate it with drawings or magazine cutouts.
4 Review safety rules for car trips, such as wearing a seat belt and keeping arms inside the car.	5 Make sure your child knows her street address. Look at the house number together.	6 Put items such as pebbles in a jar. Ask your child to guess the number of items. Count them together.	7 Build responsibility. Give your child a small plant to take care of. Put him in charge of the watering schedule.	8 Have a counting day. Count stairs as you climb them, cars as they pass, stars as you spot them.	9 Give your child some extra tub time today. Throw in some plastic containers, measuring spoons and funnels.	10 Rake some leaves onto a sheet. Lift the sheet up quickly and then slowly. Watch the different ways they float.
11 "I'd love to!" Use these words when your child asks you to play, read or do a puzzle with her.	12 Sew the bottoms of four zip-lock bags together. Insert cardboard into each to create a "book." Fill them with pictures.	13 Talk about the difference between <i>night</i> and <i>day</i> . Have your child draw a night picture and a day picture.	14 Line up chairs like a train. Ask your child to crawl <i>ahead</i> of them, <i>beside</i> them and <i>on</i> them.	15 Tap out a very simple rhythm with household instruments, such as spoons. See if your child can copy it.	16 Read the comics to your child. Preschoolers especially love the ones with sound words like <i>thunk!</i>	17 Set up a well-lit corner with pillows and favorite books. Encourage your child to get cozy with books.
18 Go outside and blow bubbles. See if your child can catch one without breaking it.	19 Play the "I Spy" game. Say "I spy something orange." Let your child guess what it is. Then it's his turn to spy something.	20 Together, count your child's fingers and toes.	21 Watch an educational TV show with your child. Then discuss a value or practice a new skill from the show.	22 Stand facing your child. Have her pretend to be a mirror and imitate all your movements. Trade places.	23 Let your child help with a household chore today. Remember to thank him when he finishes.	24 Read three poems with your child today.
25 Make puppets by drawing faces on the bottom flaps of small paper bags.	26 Talk with your child about what happened today. Paste a picture describing the day on a large calendar.	27 Create a book about your child. Help her make handprints and footprints on paper with paint.	28 Show your child a picture of a rainbow. Can he name the colors?	29 Make it a point to use five words that are new to your child at the dinner table tonight.	30 Have a pattern day. Ask your child to notice patterns around her, such as a striped shirt or a flowered sheet.	31 Teach your child to use a magnifying glass. Investigate things together.